

CCNS LUNCH & LEARN FALL 2023

For Rooms 2, 3, 4 and 5 & 6 (extended am children only), CCNS is very excited to offer additional activities and experiences that expand children's learning and allows them to stay for an extended day. Lunch and Learn is optional and will run from 12:00pm – 2:30 or 1:00pm – 2:30pm depending on their class schedule. Complete registration details are attached; deadline to register is Friday, 9/15.

MONDAYS: KITCHEN CREATIONS!

Is your child a budding master chef or just love to eat? In this class, children will make and taste their own creations. We will try each food and/or recipe twice so that we can improve on our first attempts.

Offered for 10 Mondays: (9/25, 10/2, 10/16, 10/23, 10/30, 11/6, 11/13, 11/20, 11/27 & 12/4) \$500 for 12pm arrival, \$300 for 1pm arrival

TUESDAYS: SENSORY SENSATIONS

All young children need lots of time touching and exploring a variety of materials. Not only are sensory materials soothing, they give children a chance to explore mathematical and scientific concepts while developing their fine motor skills. In this class, the children will dive hands-first into sand, water, shaving cream, rice and more

Offered for 11 Tuesdays: (9/26, 10/3, 10/10, 10/17, 10/24, 10/31, 11/7, 11/14, 11/21, 11/28 & 12/5) \$550 for 12pm arrival, \$330 for 1pm arrival

WEDNESDAYS: YOGA AND MINDFULNESS

In this calming class, the children will try a variety of poses and ways to control their breath. Soothing art activities will also be provided.

Offered for 10 Wednesdays: (9/27, 10/4, 10/11, 10/18, 10/25, 11/1, 11/8, 11/15, 11/29 & 12/6) \$500 for 12pm arrival, \$300 for 1pm arrival

THURSDAYS: PAINT, COLLAGE & DRAW, OH MY!

By themselves and with their peers, your child will have the opportunity to create unique projects each week. They will get to try out a variety of techniques and make varying levels of joyous mess!

Offered for 9 Thursdays (9/28, 10/5, 10/12, 10/19, 10/26, 11/2, 11/16, 11/30 & 12/7) \$450 for 12pm arrival, \$270 for 1pm arrival

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- Lunch & Learn is offered to our preschool 3s and pre-k 4s students. • Registration is held three times a year in the Fall, Winter and Spring.
- Class size is limited. Registration is offered on a first come, first served basis.
- You can choose to register your child for as many days per week as you would like, up to four days per week.
- Classes are offered Monday through Thursday based on the amount of interest for each day.
- Children will bring a complete lunch from home, including a drink, or they will arrive after having lunch in their class.
- Our regular classroom teachers will escort your child to their **Lunch & Learn** classroom.
- Pick up for this program is at 2:30pm from our main entrance, door 2.
- **DEADLINE to sign up for the Fall session is Friday, September 15th.**
- Credit will be given for emergency closings only. There are no refunds for missed days.
- A registration link will be emailed at the end of July; the link will also be posted on our website.

